

7/5/83 1st Aguilas 3rd				3rd	4th cold	DHS Ag.		
3200 Relay	Doser Lupi Phillips Sweetzer McCartney 547.2	Ag. 552			Total 132	5	0	
110 H	Ciraci Ag 16.5	Wagner D 17.05	Kuster Ag 17.3			5	0	
100	mills D 11.7	Arbogast D 11.7	Miller D 11.8	1st 2nd		8	0	
1600 Row	SESTEL Ag 4:44.1	Phillips D 4:51.8	Lieser D 4:55.6	3rd		17	6	
400 Relay	D-Arby, mills Margaretta Miller 456					4	5	
400	Polce D 55.6	McCaslin D 55.7	Givella Ag 56.2			22	14	
300 LH	Valentine Ag 42.5	Ciraci Ag 42.9	Heller D 44.7			5	0	
800	Lupi D 2:10.5	Bagley Ag 2:11	McCartney D 2:12.7			27	14	
200	Arbogast D 23.5	mills D 23.7	Polce D 23.8			8	1	
3200 Row	SESTEL Ag 10:14	Smith D 10:24.1	Lieser D 10:37.2			34	11	
1600 Relay	D-Miller mills Arbogast Polce 3:39					1	8	
Shot Put	Altier D 55'12	Barr D 43'6	Johnson Ag 41'2			36	20	
Discus	Edwards D 139'6	Barr D 130'8	Altier D 133'8			6	3	
HS	Van Epps D 20'2 3/4"	Hurst D 18'5	Kuster Ag 18			48	23	
HS	Miller D 5'10	Wagner D 5'10"	Johnson Ag 5'8"			9	0	
PV	Maize D 12'	Margaretta D 10'	Lombardo D			40	22	
						4	5	
						44	28	
						5	0	
						29	28	
						8	1	
						57	29	
						9	0	
						26	29	
						3	1	
						84	20	
						8	1	
						93	34	
						2	"	
						191	"	

Relays 15 / 15
H 4 / 18
Sprints 26 / 27
Dist 39 / 27
Field 14 / 46

100/32

TIME CHART

3200 Relay

Lupi	62.5	67.8 = 2:10.3	Good Job!
PHILLIPS	68.1	67.5 = 2:15.6	Keep Working
MCCARTNEY	65.1	67.1 = 2:12.2	
Sweitzer	60.1	70.6 = 2:10.7	8:49.2

1600

PHILLIPS	68	74	75	73 = 4:50.72	MUST Keep
Lieser	68	75	77	76 = 4:55	CONTACT

800

Lupi	64	66 = 2:10	MUST MAINTAIN
MCCARTNEY	64	68 = 2:12	CONTACT ON THE
SENI	63	69 = 2:14	SECOND QUARTER
Sweitzer	66	67 = 2:13	RUN THE LAST 300
STAUFFER	67	72 = 2:19	Good Job SCOTT'S
DEARTH	68	69 = 2:19	

HAGLOCH

HAGLOCH

2:23.07

2:33

2:23

2:54

TIME CHART

3200

									<u>10:23.9</u>
SMITH	67	75	74	75	80	81	83	79	
LIESER	71	77	72	84	82	84	82	79	<u>10:37</u>

Good FIRST mile --- MUST Try to Stick
WITH People Second HALF OF RACE

PRINTS & HURDLES TIME CHART

Split sheet

1000H -

WORK ON STARTS - CONCENTRATION

WAY TO GO KEEP WORKING

3000H

Chris	17.05	PB			
Greg	17.5	PB		44.7	
Tiny	18.9	- BREAK	18.0	45.4	<u>BASE</u>
CAS	19.4	- BREAK	19.0	46.7	
Chris	22.0	- BREAK	20		HUPRICH
Tom	20.3	- BREAK	19.0	52.4	TORCH

100

200

ARBOGAST	11.7			23.5	
Miller	11.84	<u>STARTS</u>			
MILLS	11.7			23.7	
BRIGGS	13.3	<u>STARTS</u>		27.3	
CARNAHAN	12.7			25.8	
BRYAN	12.8			26.03	
HURST	12.4			26.6	CAS
Golden	12.9		26.05	23.8	Polce
				24.8	UN EPPS

400 Relay

43.5

5:39.4

1600 Relay

ARBY	12.64				
MILLS	10.6				56.0 Miller
MARGARETTA	10.5			55.4	MILLS
Miller	12.5			53.4	ARBY
				54.5	Polce

400

SPLITS

Polce			39	53.6	
CAS				55.7	
HURST				58.28	
JAMISON	13	23	41	58	
CLARK	14	24	43	58.9	

TIME CHART

	1	2	3	1	2	3	
(Shot)	—	40.5½	40.5				Pete Van H
Immel (D. Cus)	99.7	99.11	103			9.0	Grimm
Barr	43 6½	—	40 10½			9.6	Litty
Altier	55 ½	54 4½	—			9	Griesen
Edwards	—	40.5	40 10½			10	Margaretta
Smith	38 3½	—	38 2½			12	Maize
Johnson	121 2	—	—				(Long Time)
Archer	35 10	—	39.4				
Moore	28 10	32	30 6				
Sayer	80 11	—	78 4				
Hambilton	—	32 2	—	16 1¼	—	15 9½	Torch
Schweitzer	72 4	75 3	67 0	14 7¼	14 1¼	13 7½	Bryan
D. pler	34 10	—	34 8	16 6½	17 6¾	—	Smith
Wagner	80 11	—	78 4	16 9½	16 9	17 5"	Bayer
Van Epps	64	61 7	—	18 1½"	18 3"	18 5"	Harst
1st	119 2	—	117 3	15 14"	17 1¾"	16 1½"	Wagner
2nd	—	—	—	13 14"	14 7¾"	13 4½"	Greenwood
3rd	—	—	—	10 1½"	10 8"	7 7"	GuV
4th	—	—	—	20 3	—	—	Van Epps
5th	—	—	—	—	—	—	—

Way to go
Field People