May 10, 1983

Dear Sir:

Track:

The following is very important information concerning the Boys' and Girls' "AA" District Track Meet.

Please give one of these letters to you Boys' and Girls' Track coaches.

River View High School

Junction of Route 36 and 60 - West of Coshocton and Location: East of Warsaw.

400 Meter Resolite All-Weather.

- any longer will result in disqualification of the Spikes:

participant.

Long Jump - High Jump - Pole Vault: Resolite All-Weather - 1" spike.

Shot and Discus: Cement - no spikes.

May 19th ---- 4:00 pm Starting Times:

----11:00 am May 21st

Awards: None - scoring all events 10-8-6-4-2-1.

On May 19, all field events will be run to completion and pre-lims and semi in running events.

On May 21st finals in all running events.

Parking: Park all buses in large parking lot in front of the High School.

\$2.00 for adults, \$1.00 for students. Head coach must identify all participants, managers, etc. at the gate for entrees.

Head coach pick up packet at the ticket booth.

I must have the following by May 16, 1983, for your team to participate. This information is in your April Athlete.

A - Official entry blank from the O.H.S.A.A.

B - Eligibility from Principal

C - Alphabetized list

D - Money

Boys & Girls - 100 meter dash 200 meter dash 110 meter hurdles
Intermediate hurdles for boys 100 meter hurdles
for girls.

Pre-lims: - 4 heats of 4 - 2 from each heat to Semi - 2 heats of 5 - 2 from each heat to Semi

Semi: - 2 heats of 6 - 3 from each heat to Finals

Finals: - 1 heat of 6 - 4 boys to Regional - 4 girls to Regional

Lane assignments will be rule 5-6. Lane assignments for Semi-Finals and Finals. Races shall be assigned by the games committee based on order of finish on the immediately preceding race (Rule 5-6-5).

SEED		LANE
1	_	3
2	-	4
3	W 7.	5
4	_	2
5	_	6
6		1

Boys & Girls 400 Meter - 6 fastest times from all heats will qualify to the finals, lane assignments will be rule 5-6.

Boys & Girls 800 Meters - (Finals Only) Individual positions assignments in each alley will be determined by open draw. This race shall be run from a two curve stagger, with two (2) runners per lane. If more than 20 runners, two heats will be run.

Boys & Girls Relays - 6 fastest times from all heats will qualify to finals - lane assignments rule 5-6. Lanes top seed:

400 meter lanes entire course - 2 turn stagger 800 meter lanes entire course - 4 turn stagger

1600 meter - first lap in lanes - 2 turn stagger - after first exchange - rule 5-9-11

3200 meter - 2 turn stagger - brake after second curve - starting positions will be open lot in 3200 meter.

## Boys & Girls 1600 Meter Run - 3200 Meter Run -

Note: no pre-lims in these races.
Top four boys and four girls will advance to Regional.
Alley assignments will be open lot - one curve stagger.

If more than 20 runners, games committee <u>may</u> run two heats. Only one relay check - inform, needed per meet. Once relay team is officially entered, there may be no changes to the form.

## Field Events

Pole Vault - High Jump - Order of Competition shall be determined by open draw. Four boys and four girls will advance to Regional. Two minute time limit will be enforced.

Shot - Discus - (will be furnished by the District Manager) Competition and placement into flights shall be open draw.

Three throws - 2 & 1
Top (7) will get three additional throws in reverse order.
Four boys to Regional and four girls to Regional.

Long Jump - Preliminary trials will be taken in groups of 2-5 rule. Jumpers can take their three jumps at any time during the allowed time. Top seven will get three additional jumps in reverse order. You will be called by your flight number - you must report when your flight is called.

Coaches: You will have to stay in the stands. Under no normal circumstances will you be permitted beyond the fence.

Coaches <u>instruct</u> your participants to stay out of the grandstand, they can set up camp under the grandstand or on the football field. If you have to speak to your people, there is a 20 foot area between the grandstand and the fence. Participants must stay away from finish line.

Concession will be open.

Come dressed - there will be no dressing facilities open.

Marking on the track is prohibited, and athletes using any chalk, etc., will be disqualified... If a mark is needed use tape and have a team-mate pull it off.

Boys Shot: 4:00 p.m. - Girls will follow

Girls Discus: 4:00 p.m. - Boys will follow

Boys High Jump: 4:00 p.m. - Girls will follow

Pole Valut starts at 4:00 p.m.

Long Jump: Girls at 4:00 p.m. -- Boys will follow.

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Boys & Girls "AA" District- Starting Times
MAY 19th --
                        - Boys ----- Pre-Lims
            100 Meters
4:00 pm ----
            100 Meters - Girls ----- Pre-Lims
4:10 pm ----
            110 Meter Hurdles - Boys ----- Pre-Lims
4:20 pm ----
            100 Meter Hurdles - Girls ----- Pre-Lims
4:30 pm ----
            200 Meter - Boys ----- Pre-Lims
4:40 pm ----
                        Girls ----- Pre-Lims
             200 Meter -
4:50 pm ----
             300 Intermediate Hurdles - Boys ----- Pre-Lims
5:05 pm ----
                              Boys ----- Semi-Finals
             3200 Meter Relay -
5:20 pm ----
             3200 Meter Relay - Girls ----- Semi-Finals
5:30 pm ----
             110 Meter Hurdles - Boys ----- Semi-Finals
5:45 pm ----
                 Meter Hurdles - Girls ----- Semi-Finals
             100
5:50 pm ----
                               ----- Semi-Finals
                 Meter - Boys
             100
5:55 pm ----
                 Meter - Girls ----- Semi-Finals
             100
6:00 pm ----
                 Meter Relay - Boys ----- Semi-Finals
             400
6:05 pm ----
                Meter Relay - Girls ----- Semi-Finals
             400
6:15 pm ----
                 Meter Run - Boys ----- Semi-Finals
             400
6:25 pm ----
                 Meter Run - Girls ----- Semi-Finals
             400
6:35 pm ----
                 Meter Intermediate Hurdles - Boys - Semi-Finals
             300
6:45 pm ----
                 Meter Relay - Girls ----- Semi-Finals
6:50 pm ----
             800
                 Meter Dash - Boys ----- Semi-Finals
             200
7:00 pm ----
             200 Meter Dash - Girls ----- Semi-Finals
7:05 pm ----
             1600 Meter Relay - Boys ----- Semi-Finals
7:10 pm ----
             1600 Meter Relay - Girls ----- Semi-Finals
7:20 pm ----
FIELD EVENTS WILL START AT 4:00 P.M.
Girls Shot - 1st : Boys Shot 2nd.
Boys Discus - 1st : Girls Discus 2nd.
Girls High Jump - 1st : Boys High Jump 2nd.
Long Jump - Girls 1st : Boys Long Jump 2nd.
Boys Pole Vault
                          FINALS - Top Four Boys to Regional
MAY 21st -- Boys & Girls
                                     Top Four Girls to Regional
                           Boys
         --- 3200 Meter
 11:00 am
         ---- 3200 Meter - Girls
 11:10 am
          ---- 110 Meter Hurdles - Boys
 11:20 am
                  Meter Hurdles - Girls
         ---- 100
 11:25 am
         ---- 100 Meter Dash - Boys
 11:30 am
          ---- 100 Meter Dash - Girls
 11:33 am
          ---- 1600 Meter Run --- Boys
 11:36 am
          ---- 1600 Meter Run --- Girls
 11:45 am
                   Meter Relay - Boys/
          --- 400
 11:55 am
                               Girls
          ---- 400
                   Meter Relay
 12:00 am
                             - Boys
                   Meter Run
          --- 400
 12:05 am
                               - Girls
                   Meter Run
          ---- 400
 12:08 am
                   Meter Intermediate Hurdles - Boys
          --- 300
 12:11 am
                   Meter Relay - Girls
 12:20 am
          ---- 800
                               - Boys
          ---- 800
                   Meter Run
 12:25 am
                               - Girls
                   Meter Run
          ---- 800
 12:30 am
                               - Boys
                   Meter Dash
          --- 200
 12:35 am
                               - Girls
                   Meter Dash
          --- 200
 12:40 am
          ---- 3200 Meter Run
                               - Boys
 12:45 am
          ---- 1600 Meter Relay - Girls
  1:00
          ---- 1600 Meter Relay -
                                 Boys
  1:05
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