

## Mass Media - Movies

### First Day

1. Shots - Close-ups

2. How did the movie begin?

3. How did the beginning affect you?  
Did it catch your interest? Why  
or why not?

4. Where were the credits given?

5. What is the name of the gym  
where most of the guys in this film  
train?

6. How long has Arnold Schwarzeneg-  
ger been the top body builder?

7. What people think that body building  
is strange?

8. How many years has Mike Katz  
been trying to win this competition?

9. Who wins?

10. How did you feel about his win-  
ning?

10. How did the film show Katz's  
disappointment?

Name \_\_\_\_\_

Date \_\_\_\_\_ Period \_\_\_\_\_

11. How did Katz react to the other  
guy winning?

12. How do you think the other guy  
would have acted if Katz had won  
instead of him? Why?

13. How did the winner "psyche-  
out" Katz before the competition?

14. Why did Katz become a  
body builder?

15. Write a summary of what  
occurred in this part of the  
film:

## Mass Media - Second Day

### 1. Medium Shots:

2 What was Arnold Schwarzenegger's first win?

3 Who trains Lou Ferrigno?

4 What did Columbu's family think of his being a body builder at first?

What changed their minds?

5 According to this film, what makes the muscles grow?

6 Arnold says that he can't let anything interfere with his training when he is preparing for a competition. Give some examples.

7 What other sport is Columbu involved in?

What title did he hold?

Name \_\_\_\_\_

Date \_\_\_\_\_ Period \_\_\_\_\_

8. How is Columbu's strength and ability shown?

9. Why did Lou Ferrigno become a body builder?

10. How does Ferrigno's father tell him to pose?

11. To what art form is body building compared?  
Explain the comparison:

12 ~~Explain~~ Summarize what occurred in the film today.

## Mass Media - Third Day

### 1. Long Shot:

2. What did Arnold plan to do the night before the competition to help him defeat Ferrigno?

3. How will he beat Columbu?

4. What titles are they competing for?

5. How many times has Arnold won this competition before?

6. What does Arnold plan to do after this competition?

7. Who is the unexpected entrant?

8. What are the two categories in this competition?

9. Who competes for the highest title?

10. What place did Ferrigno get?

11. Who won the other category?

12. What three things are the contestants judged on?

A)

B)

C)

Name \_\_\_\_\_

Date \_\_\_\_\_ Period \_\_\_\_\_

13. How does Ferrigno's father describe Arnold's arms?

14. When does most of the judging take place?

15. Does Ferrigno's father trust Arnold? Should he? Why or why not?

16. Where is the competition held? (city and country)

17. Who wins the over-all competition?

18. Summarize what you saw today:

## Mass Media - General Questions

1. Sound: Explain how each of these types of "sounds" were used in this film and to what effect:

A) Dialogue →

B) Commentary →

C) Music →

D) Sound Effects →

2. Who were the five main characters in this film?

3. Why were these men chosen?

4. How does this film get you interested in these characters?

Name \_\_\_\_\_

Date \_\_\_\_\_ Period \_\_\_\_\_

5. Which characters did you like best? Why?

6. Which characters did you like least? Why?

7. Arnold said that a body builder can't let anything interfere with his training when he is preparing for a big competition. Give some examples to show that Arnold didn't let anything interfere.

8. Which shots did you have most of?

What effect did this create in the film?

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9. Describe what kind of person you think each of these characters was.

A) Arnold →

B) Franco →

C) Lou →

D) Mike →

E) Ken →

10. How is this film different from a regular movie?

11. What techniques were used in this film to hold your interest?

12. What was the high point of the film? How did you know?

Name \_\_\_\_\_

13. Did this film evoke any emotion in you (make you like or dislike anyone, or want one person to win over others, or feel badly if anyone lost, etc)? Explain why or why not?

14. Do you think you could work as hard as these guys did to achieve a goal? Explain why or why not?

15. Give your opinion of this movie.